

# MÖDERE®. FACT SHEET | Canada

## ACTIVATE

Health & Wellness | Weight Management

### Product Description

Modere Activate is a monthly, 3-day cleanse that uses natural ingredients to alleviate discomfort and relieve gastrointestinal inflammation.

### Product Benefits

- Helps soothe irritation and inflammation of the gastrointestinal tract
- Helps alleviate digestive upset including nausea, indigestion, flatulence and discomfort
- Complements a fitness regimen
- Gently relieves constipation or irregularity
- Kick-starts a lifestyle regimen with monthly rejuvenation

### Positioning Statement

Activate is formulated with organically grown aloe vera. Commonly used to soothe and moisturize skin, aloe has also long been recognized for its ability to naturally alleviate irritation and inflammation of the gastrointestinal tract. Plus, this gentle formula features psyllium to promote regularity and ginger to relieve nausea, indigestion, bloating and discomfort.

Together, these plant-derived ingredients keep waste moving out of your system and promote a healthy digestive tract, so you feel energized and maintain your momentum.

### Recommended Dose (adults):

Mix one packet with 250 mL (8 fl oz) of water once daily. Stir briskly and drink immediately. Use for 3 consecutive days per month, preferably at bedtime. Allow 6-12 hours for laxative effect to occur. Maintain adequate fluid intake. Take 2 hours before or after taking other medications.



### Key Ingredients

- Ginger Rhizome
- Psyllium Seed Husk
- Certified Organic Aloe Vera
- Milk thistle seed
- Chinese Rhubarb Root

### Medicinal Ingredients (per packet):

Psyllium (Plantago ovata husk powder) .....	5.5 g
Apple Pectin (Malus domestica fruit) .....	600 mg
Chinese Rhubarb (Rheum palmatum root powder) .....	500 mg
Milk Thistle (Silybum marianum seed extract standardized to 80 % silymarin) .....	250 mg
Ginger (Zingiber officinale rhizome extract standardized to 5% gingerols) .....	142.5 mg
Aloe vera (Aloe barbadensis 200:1 leaf gel juice powder) .....	75 mg
Dandelion (Taraxacum officinale leaf and root extract standardized to 20% taraxasterol) .....	22.5 mg

**Non-medicinal ingredients:** Citric acid, natural flavours, rebaudioside A, maltodextrin, sodium copper chlorophyllin, acacia gum, silicon dioxide.

ITEM# 17570CA • 0937/1